

UNIVERSITIES OF STELLENBOSCH AND CAPE TOWN
COMBINED UPPER LIMB FELLOWSHIP



UNIVERSITEIT
STELLENBOSCH
UNIVERSITY

UPPER LIMB FELLOWSHIP

Division of Orthopaedic Surgery, *Department of Surgical Sciences,*
Faculty of Medicine and Health Sciences
University of Stellenbosch / Tygerberg Hospital
University of Cape Town / Groote Schuur Hospital

A. Fellowship Program

The objective of this one-year upper limb orthopaedic fellowship is to train a qualified orthopaedic surgeon to subspecialty-level knowledge and skills in the diagnosis and management of trauma and elective upper limb conditions, in order to function independently as an upper limb specialist.

This will be achieved through exposure to all aspects of upper limb orthopaedic surgery, both clinical and surgical, and will encompass the management of both elective and trauma cases. Elective cases will include exposure to a wide variety of surgical procedures including, but not limited to, hand and shoulder arthroplasty, soft tissue tendon transfers, brachial plexus surgery, post trauma reconstructions, congenital conditions, management of tumours of the hand, conditions related to inflammatory arthritis, wrist and shoulder arthroscopy and open management of sports related shoulder, elbow and wrist injuries. In addition, the fellowship is hosted in conjunction with the Tygerberg orthopaedic trauma service, allowing for experience in trauma and fracture management related to the upper limb.

The caseload, wherein the trainee is either the primary surgeon or first assistant, will be of sufficient number to gain proficiency in the management of these cases at an upper limb subspecialty level. The upper limb fellowship program promotes clinical excellence in the management of complex upper limb surgery under the guidance of experienced consultants.

B. Participating Sites

The fellowship will be hosted at Tygerberg and Groote Schuur Hospitals, with the approval of the Western Cape Department of Health. The University of Stellenbosch and University of Cape Town, Faculty of Medicine and Health Sciences and the endorsement of the South African Orthopaedic Association,

C. Personnel

The following members of the division of Orthopaedic Surgery will be involved in the fellowship:

- Prof Jacques du Toit (Head of Division)
- Prof Stephen Roche (Senior Specialist, Head of Shoulder Unit - Groote Schuur Hospital)
- Prof Basil Vrettos (Honorary Consultant - Groote Schuur Hospital)
- Dr Cameron Anley (Senior Specialist: Shoulder and Hands Unit, Fellowship Director)
- Dr Sean Pretorius (Senior Specialist: Head of Shoulder Unit - Tygerberg Hospital)
- Dr Ajmal Ikram (Senior Specialist: Hands Unit - Tygerberg Hospital)
- Dr Hentas Van Zyl (Specialist: Upperlimb Unit - Tygerberg Hospital)

D. Educational

The Fellow will attend and participate in the academic activities hosted by the Orthopaedic departments at both Groote Schuur and Tygerberg. These include:

Tygerberg Hospital:

- Trauma handover meeting 07:30 daily
- General Academic program (when Upper Limb) Wednesday 13h00 - 16h00
- Registrar teaching sessions
- Pre- and post-operative planning sessions
- Fellow specific teaching sessions
- Other appropriate courses and congresses held in South Africa

Groote Schuur Hospital:

- Monday Trauma Handover meeting
- General Academic program (when Upper Limb) Friday 13h00 - 16h00
- Registrar teaching sessions
- Pre- and post-operative planning sessions
- Fellow specific teaching sessions
- Other appropriate courses and congresses held in South Africa

E. Fellow Appointments (Eligibility of Fellow)

- Appointments coordinated by the Director of the Fellowship and the Head of Department. (Suitable candidate's CVs will be assessed, and interviews conducted)
- Contract / Agreement - signed by the Fellow and the Director / Head of Department
- Registration at the Health Professions Council of South Africa (HPCSA) – Category: Medical Practitioner Post-Graduate studies
- International Fellows:
- Registration at the Department of Health's Foreign Work Force Management Program (DOH's FWMP)
- Successful International Fellows to contact Me Taslyn Timm, Postgraduate Coordinator for International Students at Stellenbosch Faculty of Medicine and Health Sciences: stimm@sun.ac.za

F. Clinical Responsibilities (See Addendum A for more detail)

- Monday trauma handover meeting (GSH 07h00)
- Monday: Elective shoulder clinic / Extra trauma list (GSH)
- Tuesday: Shoulder elective theatre list (GSH)
- Wednesday: Hand clinic and /or Upper limb extra trauma theatre list TBH; alternating with Elective Shoulder and Elbow list with Prof Basil Vrettos at Vincent Palloti (VPH)
- Thursday: Daily handover trauma list followed by Elective and/or trauma hands theatre list (TBH)
- Friday: Daily handover trauma list (TBH) followed by Shoulder elective theatre list (TBH)
- Duty hours in accordance with the Department of Health (40 Hours / Week)
- Extensive Ward rounds throughout the week
- Intermittent Outreach visits to Metro East district hospitals

G. Remuneration

- Industry sponsored stipend @ ZAR 75 000.00 per month (x 12 months), self-funded applicants are welcome to apply.

H. General

- Elective supervision and Trauma supervision: Fellows are allocated to the Upper Limb unit under direct supervision of the Upper Limb Consultants
- Professional Insurance - covered by The Department of Health as per agreement, but additional personal medical indemnity also required
- The duration of the Fellowship will be 1 year (6 months only to be considered in exceptional circumstances)
- Leave: Annual leave of 21 days per year and up to 10 days of study leave per year
- There are no on-call commitments
- No independent private practise activities allowed during the workweek

I. Quarterly Assessments

- Fellows clinical skills and progress will be assessed by using the 360 assessment Tools
- The Fellow will be given the opportunity to provide feedback on the fellowship
- Fellows to keep a surgical Logbook - this will be assessed to ensure that an adequate amount of procedures and an acceptable variety of surgical procedures has been

provided

J. Research

- Research relating to the field of Upper Limb Surgery will be identified and the fellow will be required to be involved in research during the fellowship
- Funding can be applied for through The Orthopaedic Research fund
- Ethics approval will be obtained by the fellow through the Bio-ethics committee of Stellenbosch University
- All research to be published and presented at an appropriate forum (SAOA congress, SAOJ or an applicable international equivalent)
- Literature search service, textbooks and journals available through the University of Stellenbosch

Upon completion, the Fellowship will be endorsed by the South African Orthopaedic Association (SAOA) if all the criteria of endorsement have been met.

For more information, please contact:

Cameron Anley

Division Orthopaedics
Department of Surgical Sciences
Tygerberg Hospital

Email: camley@sun.ac.za



Prof Jacques du Toit
Head: Division of Orthopaedic Surgery



Dr Cameron Anley
Fellowship Coordinator



Fakulteit Gesondheidswetenskappe · Faculty of Health
Sciences



Verbind tot Optimale Gesondheid • Committed to Optimal Health





ORTHOPAEDIC UPPER LIMB FELLOWSHIP APPLICATION
 Division Orthopaedic Surgery, Department of Surgical Sciences
 PO Box 19063, Tygerberg 7505, South Africa
 camley@sun.ac.za

Name _____
Last
First
Middle

Address _____

Telephone (Include country code) _____
Home / Mobile
Work

E-mail _____

Medical School _____
Institution
Date Degree Confirmed

Residency _____
Institution
Dates

Current Position _____
Institution
Dates

Citizenship _____

Preferred Dates of Fellowship _____

Please include the following with your completed application:

- Curriculum Vitae
- Statement of Personal and Professional Goals
- Certified copies of Degrees
- Passport photo (Colour photo preferable)
- Reference letters
- Research Paper samples

I certify that all the information provided is true and correct. I understand that any appointment will be contingent on my providing the necessary employment eligibility documentation prior to the appointment.

Applicant Signature
Date